



ARBORVITAE

School of Traditional Herbalism

3RD YEAR SYLLABUS 2019-2020

Objective:

The third year of this program will provide deeper and broader study of herbs and medicinal application, expanding the Materia Medica. Students will learn about specific conditions and multilayered approaches for working with them, in addition to advanced energetics and diagnostics, including pulse and tongue reading. They will study formulation and advanced medicinal preparations, while expanding on knowledge of nutrition and lifestyle for balancing energies. Students in the third year will consider advanced clinical applications and will see clients in the community clinic, supervised by core faculty.

Course Outline

Please note that specific details of this course outline may be subject to change. Students will be notified of changes ahead of time via email. Please refer to the student portal for readings, handouts, presentations, and important details for each class.

Fall Semester

Tuesday, September 10

9-12:30: Counseling Techniques & The Art of Motivation – Claudia Keel

1:30-5: Intro & Microbiome and Human Health – Richard Mandelbaum

Tuesday, September 17

9-12:30: Clinic at [St. Joseph's Church in Harlem](#) – Richard Mandelbaum

1:30-5: Case Review – Richard Mandelbaum

Saturday, September 21

9-12:30: Fear: Energetics, Therapeutics, Herbs & Flower Essences – Claudia Keel

1:30-5: Taking Your Seat – Avi-Rose

Sunday, September 22

(This class is taken together with second year students)

9-5: Plant Walk: Field Trip in Alley Pond Park in Queens – Richard Mandelbaum & Nathaniel Whitmore

Tuesday, September 24

(This class is taken together with second year students)

9-5: Plant Walk: Field Trip in Accord, NY – Dina Falconi & Claudia Keel

Tuesday, October 1

(Both classes are taken together with second year students)

9-12:30: Phytochemistry I – Richard Mandelbaum

1:30-5: People & Plants: The Business and Clinical Practice of Herbalism – Ola Obasi

Tuesday, October 8

9-12:30: (Onsite in classroom) Clinic – Claudia Keel

1:30-5: Case Review – Claudia Keel

Tuesday, October 15

(The morning class is taken together with second year students)

9-12:30: Phytochemistry II – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica I – Richard Mandelbaum

Tuesday, October 22

(The morning class is taken together with second year students)

9-12:30: Phytochemistry III – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica II – Richard Mandelbaum

Saturday, October 26

9-12:30: Atopic Conditions – Bevin Clare

9-12:30: Anger: Energetics, Therapeutics, Herbs & Flower Essences – Claudia Keel

Sunday, October 27

9-12:30: Clinical Therapeutics and Case Studies – Bevin Clare

1:30-5: Offsite Clinic (Fort Greene, BK) – Richard Mandelbaum

Tuesday, October 29

9-12:30: Case Review – Richard Mandelbaum

(The afternoon class is taken together with second year students)

1:30-5: Phytochemistry IV – Richard Mandelbaum

Tuesday, November 5

9-12:30: Onsite Clinic – Claudia Keel

1:30-5: Case Review – Claudia Keel

Tuesday, November 12

9-12:30: Phytochemistry V – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica III – Richard Mandelbaum

Saturday, November 16

(The morning class is taken together with second year students)

9-12:30: Cancer & Herbs – Dr. Jody Noe

1:30-5: Nootropics and the Neuroendocrine System – Dr. Jody Noe

Sunday, November 17

10-5: Offsite Clinic at CATA in NJ – Richard Mandelbaum

Tuesday, November 19

9-12:30: Case Review for CATA – Richard Mandelbaum

1:30-5: The Emotional and Mental Aspects of Lyme Disease; Advanced Lyme Protocols - Richard Mandelbaum

Harvest & Thanksgiving Break

11/21/19 – 12/2/19

Tuesday, December 3

9-12:30: Clinical Work with Trans Clients – Vilde Chaya Fenster-Ehrlich & Avi-Rose

1:30-5: Confidence – Energetics, Therapeutics, Herbs & Flower Essences – Claudia Keel

Saturday, December 7

(This class is taken together with second year students)

9-5: Navigating Depression as a Tool for Transformation – Kat Maier

Sunday, December 8

9-12:30: Onsite Clinic at ArborVitae – Claudia Keel

1:30-5: Case Review – Claudia Keel

Tuesday, December 10

9-5: Student Presentations and Wrap-Up – Richard Mandelbaum & Claudia Keel

Winter Solstice Party – 12/10/19

Year's End & Beginning Break 12/11/19 – 1/13/20

SPRING SEMESTER

Tuesday, January 14

9-12:30: Offsite Clinic at St. Joseph's in Harlem – Richard Mandelbaum

1:30-5: Case Review – Richard Mandelbaum

Tuesday, January 21

9-12:30: Anxiety & Depression: Advanced Nutrition, Herbs, Flower Essences, Therapeutics - Claudia Keel

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica IV – Richard Mandelbaum

Saturday, January 25

9-12:30: Materia Medica – Claudia Keel

1:30-5: GI Ailments & Therapeutics: from Acid to Ulcers – Claudia Keel

Sunday, January 26

9-12:30: Reconnecting East and West: Energetics, Actions, and Materia Medica V – Richard Mandelbaum

1:30-5: Onsite Clinic at ArborVitae – Claudia Keel

Tuesday, January 28

9-12:30: Clinic Case Review – Claudia Keel

(The afternoon class is taken together with second year students)

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VI – Richard Mandelbaum

Tuesday, February 4

9-12:30: Herbs and Diet for Menopause – Richard Mandelbaum

1:30-5: Interpreting Clinical Studies & Research – Richard Mandelbaum

Tuesday, February 11

9-12:30: Offsite Clinic (Site TBD) – Claudia Keel

1:30-5: Case Review (Site TBD) – Claudia Keel

Tuesday, February 18

9-12:30: Flower Essence Therapy: Consultations, Assessments & Formulations – Claudia Keel

1:30-5: Topic TBD – Sam Perry

Saturday, February 22

(The morning class is taken together with second year students)

9-12:30: TBD – El Ha Gahn

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VII – Richard Mandelbaum

Sunday, February 23

9-12:30: Offsite Clinic (Site TBD) – Claudia Keel

1:30-5: Case Review – Claudia Keel

Tuesday, February 25

9-12:30: Materia Medica – Claudia Keel

1:30-5: Materia Medica – Claudia Keel

Tuesday, March 3

9-12:30: Offsite Clinic (WeWork in Manhattan) – Richard Mandelbaum

1:30-5: Case Review (WeWork in Manhattan)

Tuesday, March 10

9-12:30: Materia Medica – Claudia Keel

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VIII – Richard Mandelbaum

Tuesday, March 17

(The morning class is taken together with second year students)

9-12:30: TBD – Patricia Kyritsi Howell

1:30-5: TBD – Patricia Kyritsi Howell

Saturday, March 21

9-12:30: Hormonal Modulation – Richard Mandelbaum

1:30-5: Trauma & Grief: Therapeutics, Herbs & Flower Essences – Claudia Keel

Sunday, March 22

(The morning class is taken together with second year students)

9-12:30: TBD – Anne McIntyre

1:30-5: Offsite Clinic (Site TBD) – Richard Mandelbaum

Tuesday, March 24

9-12:30: Case Review – Richard Mandelbaum

(The afternoon class is taken together with third year students)

1:30-5: TBD – Anne McIntyre

Tuesday, March 31

(The morning class is taken together with second year students)

9-12:30: Topic TBD - Karen Rose

1:30-5: Neuro-degenerative Disease – Karen Vaughan

Spring Break
4/2/20 – 4/13/20

Tuesday, April 14

9-12:30- Offsite Clinic (The Studio in Bowery) – Claudia Keel

1:30-5: Case Review (The Studio in Bowery) – Claudia Keel

Saturday, April 18

9-5: Advanced Botany – Richard Mandelbaum

Sunday, April 19

9-5: Offsite Clinic at CATA in NJ – Richard Mandelbaum

Tuesday, April 21

9-12:30: Clinic Case Review for CATA – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Tuesday, April 28

9-5: Plant Walk Field Trip, Location TBD – Dina Falconi

Tuesday, May 5

9-12:30: Advanced Digestive & Nutrition Therapeutics – Claudia Keel

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica IX –
Richard Mandelbaum

Tuesday, May 12

9-12:30: Mental Health Practicum: Applying Flower Essences, Herbs & Nutrition –
Claudia Keel

1:30-5: Materia Medica – Claudia Keel

Saturday, May 16 & Sunday, May 17

Camping Weekend at TBD

Tuesday, May 19

9-5: Wrap-Up Day – Claudia Keel & Richard Mandelbaum

Graduation Day – 5/19/20