



Third Year Syllabus

*This syllabus is subject to change. Students will be notified of such changes ahead of time via email. Please refer to the student portal for readings, handouts, presentations and important details for each class. Q&A dates with core teachers are not included here.

Fall Schedule

Tuesday, September 5

9-12:30: Counseling Practices for Herbalists – Claudia Keel

1:30-5: Intro & Microbiome & Human Health – Richard Mandelbaum

Friday, September 8

10:30-6:40: Advanced Botany Field Trip: Burroughs (1/2 day), Bluestone Wild Forest (1/2 day) – Richard Mandelbaum

Saturday, September 9

9-12:30: Entering the Circle – Sam Perry

1:30-5: Materia Medica – Sam Perry

Sunday, September 10

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, September 19

9-12:30: Thyroid Health – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica I – Richard Mandelbaum

Tuesday, September 26

9-12:30: Fear: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: Setting Up Your Practice for Success – Patricia Howell

Tuesday, October 3

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Tuesday, October 10

9-12:30: Anger: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: Materia Medica – Claudia Keel

Tuesday, October 17

9:30-5: Botany Day Field Trip – Silver Mine Lake in Harriman – Richard Mandelbaum

Friday, October 20

10:30-2:45: Clinical Models for the Safety of our Clients – Vilde Chaya Fenster-Ehrlich

3-6:30: Materia Medica – Sam Perry

Saturday, October 21

9-5: Plant Walk Field Trip – Minnewaska – Sam Perry

Sunday, October 22

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Richard Mandelbaum

Tuesday, October 31

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, November 7

9-12:30: Identity & Confidence: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica II – Richard Mandelbaum

Friday, November 10

10:30-2:45: Hormonal Modulation – Richard Mandelbaum

3-6:30: Reconnecting East and West: Energetics, Actions, and Materia Medica III – Richard Mandelbaum

Saturday, November 11

9-12:30: Trauma & Grief: Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: Flower Essence Therapy: Consultations, Assessments & Formulations – Claudia Keel

Sunday, November 12

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Harvest Break

11/13/23 – 11/27/23

Tuesday, November 28

9-12:30: Herbs and Diet for Menopause – Richard Mandelbaum

1:30-5: Presentation #1 Showcase – Richard Mandelbaum, Claudia Keel, and Sam Perry

Friday, December 1

10:30-2:45: Materia Medica – Sam Perry

3-6:30: Reconnecting East and West: Energetics, Actions, and Materia Medica IV – Richard Mandelbaum

Saturday, December 2

9-12:30: Advanced Nutritional Therapeutics – Dina Falconi

1:30-5: GI Ailments & Therapeutics: from Acid to Ulcers – Claudia Keel

Sunday, December 3

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Tuesday, December 12

9-5: Wrap-Up Day – Claudia Keel / Richard Mandelbaum / Sam Perry / Diana Isidoro

Year's End & Winter Break

12/13/23 - 1/15/24

Spring Schedule

Tuesday, January 16

9-12:30: Cardiovascular System – Anne McIntyre

9-12:30: Making Sense of Labs Part I – Richard Mandelbaum

Friday, January 19

10:30-2:45: Interpreting Clinical Studies & Research – Richard Mandelbaum

3-6:30: Materia Medica – Claudia Keel

Saturday, January 20

9-12:30: Reconnecting East & West: Energetics, Actions, and Materia Medica V – Richard Mandelbaum

1:30-5: Further Adventures in Medicine Making – Richard Mandelbaum & Sam Perry

Sunday, January 21

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, January 30

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Tuesday, February 6

9-12:30: Making Sense of Labs Part II – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VI – Richard Mandelbaum

Friday, February 9

10:30-2:45: Brain Health & Longevity: Therapeutics & Herbs – Claudia Keel

3-6:30: "Male" Reproductive Health Part I – Richard Mandelbaum

Saturday, February 10

9-12:30: "Male" Reproductive Health Part II – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VII – Richard Mandelbaum

Sunday, February 11

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Tuesday, February 20

9-12:30: The Emotional and Mental Aspects of Lyme Disease; Advanced Lyme Protocols – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Tuesday, February 27

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, March 5

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, March 12

9-12:30: Ayurvedic Consultations (Virtual Consultation with Client) – Anne McIntyre

1:30-5: Materia Medica from a Southern Folk Tradition – Phyllis D. Light

Friday, March 15

10:30-2:45: Depression: Advanced Nutrition, Herbs, Therapeutics & Essences – Sam Perry

3-6:30: Reconnecting East and West: Energetics, Actions, and Materia Medica VIII – Richard Mandelbaum

Saturday, March 16

9-12:30: Contextualizing Ayurveda – Sam Perry

1:30-5: Offering Authentic Lifestyle Recommendations as Part of Herbal Protocols – Sam Perry

Sunday, March 17

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Claudia Keel

Spring Break

3/18/24 - 4/1/24

Tuesday, April 2

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry

Tuesday, April 9

9-5 Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry

Tuesday, April 16

9-12:30: Materia Medica – Claudia Keel

1:30-5: Herbs for the Emotional Heart – Seán O'Donahue

Friday, April 19

10:30-2:45: Advanced Digestive & Nutritional Therapeutics – Claudia Keel

3-6:30: Mental Health Practicum Applying Herbs, Nutrition & Essences – Claudia Keel

Saturday, April 20

9-12:30: Healing of the Nations: Towards a Materia Medica of Cannabis – Sam Perry

1:30-5: Tobacco Sacred Plant of the Americas and related Materia Medica – Sam Perry

Sunday, April 21

9-5: Advanced Clinical Skills – 7Song

Tuesday, April 30

9-12:30: Materia Medica – Claudia Keel

1:30-5: Reconnecting East & West: Energetics, Actions, and Materia Medica IX – Richard Mandelbaum

Friday, May 3

10-5: Presentation Day at Woodland Sanctuary – Richard Mandelbaum, Claudia Keel & Sam Perry

Saturday & Sunday, May 4 and 5

Overnight Camping Weekend with Guest Teachers & Core Faculty at GatherWild Ranch in Germantown, NY

Tuesday, May 14

9-5: Wrap-Up Day – Richard Mandelbaum, Claudia Keel, Sam Perry, and Diana Isidoro

Saturday, May 18

1-7: Graduation Celebration with Family & Friends

Saturday, June 8

9-5: Special Extra Class: The Gut Brain Connection – Jody Noé

Alumni Summer Clinic Days (Mugworts' Herbal Clinic)

Tuesday, July 16

10-4: In-Person Mentored Herbal Clinic in Piermont

Tuesday, July 30

10-4: Virtual Mentored Herbal Clinic

Tuesday, August 13

10-4: In-Person Mentored Herbal Clinic in Piermont

Tuesday, August 27

10-4: Virtual Mentored Herbal Clinic

Tuesday, September 10

10-4: In-Person Mentored Herbal Clinic in Piermont

Happy Summer!

Congratulations on Graduation!