



## Second Year Syllabus

\*This syllabus is subject to change. Students will be notified of such changes ahead of time via email. Please refer to the student portal for readings, handouts, presentations and important details for each class. Q&A dates with core teachers are not included here.

### Fall Schedule

#### Tuesday, September 5

9-12:30: The Art of the Intake Part 1 – Richard Mandelbaum

1:30-5: The Art of the Intake Part 2 – Claudia Keel

#### Friday, September 8

10:30-2:45: Elements and Energetics Part II (Part I in Year 1) – Sam Perry

3-6:30: Case Review & Practicum – Sam Perry

#### Saturday, September 9

9-12:30: Sleep – Holistic Therapeutics & Herbs – Claudia Keel

1:30-5: Flower Essence Therapy Energetic Assessment – Claudia Keel

#### Sunday, September 10

9-4:30: Plant Walk/Botany Field Trip in High Falls – Richard Mandelbaum

#### Tuesday, September 19

9-12:30: Depression & Anxiety: Holistic Therapeutics - Claudia Keel

1:30-5: Inflammatory Bowel Disease: Nutrition, Herbs & Therapeutics Part I - Claudia Keel

#### Tuesday, September 26

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Formulation I – Richard Mandelbaum

#### Tuesday, October 3

9-12:30: Case Review & Practicum (Virtual Consultation with Client) – Claudia Keel

1:30-5: Adrenal 'Fatigue' Syndrome: Therapeutics, Nutrition & Herbs – Claudia Keel

## Tuesday, October 10

9-12:30: Women's Health & Herbal Therapeutics Part I – Lena DeGloma

1:30-5: Case Review & Practicum (Virtual Consultation with Client) – Richard Mandelbaum

## Tuesday, October 17

9-12:30: Fertility, Conception & Pregnancy – Claudia Keel

1:30-5: Materia Medica – Claudia Keel

## Friday, October 20

10:30-2:45: Medicine is the Flower of the Culture – Contextualizing Chinese Medicine – Sam Perry

3-6:30: Clinical Work with Trans Clients – Vilde Chaya Fenster-Ehrlich

## Saturday, October 21

9-5: Plant Walk Field Trip – Esopus Meadows Preserve – Richard Mandelbaum

## Sunday, October 22

8:30-4: Consultations & Food as Medicine – Dina Falconi

## Tuesday, October 31

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Formulation II – Richard Mandelbaum

## Tuesday, November 7

9-12:30: Phytochemistry I – Richard Mandelbaum

1:30-5: Case Review & Practicum – Claudia Keel

## Friday, November 10

10:30-2:45: Bone & Joint Ailments: Osteoporosis, Arthritis, Rheumatism – Claudia Keel

3-6:30: Flower Essence Therapy for Children & Teens – Claudia Keel

## Saturday, November 11

9-5: People & Plants – Clinical Practice in Herbalism – Olatokunboh Obasi

## Sunday, November 12

8:30-12: Herbal Medicine and the Law – Richard Mandelbaum

12:45-4: Materia Medica – Claudia Keel

## Harvest Break

11/13/23 – 11/27/23

## Tuesday, November 28

9-12:30: Materia Medica – Claudia Keel

1:30-5: Women's Health & Herbal Therapeutics Part II – Lena DeGloma

## Friday, December 1

10:30-2:45: Anxiety, Depression – Richard Mandelbaum

3-6:30: Case Review & Practicum (In-Person Consultation with Client) – Sam Perry

## Saturday, December 2

9-12:30: Case Review & Practicum – Richard Mandelbaum

1:30-5: Bach Flower Essences Part I – Sam Perry

## Sunday, December 3

8:30-12: Allergies Part I – Claudia Keel

12:45-4: Case Review & Practicum – Claudia Keel

## Tuesday, December 12

9-5: Wrap-Up Day – Claudia Keel / Richard Mandelbaum / Sam Perry / Diana Isidoro

# Year's End & Winter Break

12/13/23 - 1/15/24

## Spring Schedule

### Tuesday, January 16

9-12:30: Cardiovascular System – Anne McIntyre

9-12:30: Making Sense of Labs Part I – Richard Mandelbaum

### Friday, January 19

10:30-2:45: Business of Herbalism Part I – Claudia Keel

3-6:30: Bone & Joint Ailments: Osteoporosis and Arthritis – Richard Mandelbaum

### Saturday, January 20

9-12:30: Bach Flower Essence Part II – Sam Perry

1:30-5: Materia Medica – Claudia Keel

### Sunday, January 21

8:30-12: Women's Health & Herbal Therapeutics Part III – Lena DeGloma

12:45-4: Addressing Immune Dysregulation – Autoimmune Disease and Herbal Medicine – Richard Mandelbaum

## Tuesday, January 30

9-12:30: Ayurveda & the Mind Part I – Anne McIntyre

1:30-5: Inflammatory Bowel Syndrome: Nutrition, Herbs & Therapeutics Part II – Claudia Keel

## Tuesday, February 6

9-12:30: Making Sense of Labs Part II – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

## Friday, February 9

10:30-2:45: Phytochemistry II – Richard Mandelbaum

3-6:30: A Holistic Herbal Lens with Dopamine, Serotonin, Epinephrine & GABA – Claudia Keel

## Saturday, February 10

9-12:30: Nutritional Therapeutics – Claudia Keel

1:30-5: Case Review & Practicum – Claudia Keel

## Sunday, February 11

8:30-12: The Ancient Art of Pao Zhi – Tiffany Robbins

12:45-4: Incorporating Seaweeds into Your Materia Medica – Tiffany Robbins

## Tuesday, February 20

9-12:30: Diabetes & Metabolic Syndrome: Holistic Therapeutics Part I – Claudia Keel

1:30-5: Materia Medica – Richard Mandelbaum

## Tuesday, February 27

9-12:30: Phytochemistry III – Richard Mandelbaum

1:30-5: Intermediate Safety & Dosing – Richard Mandelbaum

## Tuesday, March 5

9-12:30: Ayurveda & the Mind Part II – Anne McIntyre

1:30-5: Business of Herbalism Part II – Richard Mandelbaum

## Tuesday, March 12

9-12:30: Ayurvedic Consultations (Virtual Consultation with Client) – Anne McIntyre

1:30-5: Materia Medica from a Southern Folk Tradition – Phyllis D. Light

## Friday, March 15

10:30-2:45: Materia Medica – Richard Mandelbaum

3-6:30: Flower Essence Selection Options & Assessment – Claudia Keel

## Saturday, March 16

9-12:30: Case Review & Practicum (In-Person Consultation with Client) – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Sunday, March 17

8:30-4: Bach Flower Essences – the Second Nineteen

## Spring Break

3/18/24 – 4/1/24

Tuesday, April 2

9-12:30: Phytochemistry IV – Richard Mandelbaum

1:30-5: Women's Health & Herbal Therapeutics IV – Lena DeGloma

Tuesday, April 9

9-12:30: Materia Medica – Claudia Keel

1:30-5: The Business of Herbs – Ann Ambrecht

Tuesday, April 16

9-12:30: Diabetes & Metabolic Syndrome: Holistic Therapeutics Part II – Richard Mandelbaum

1:30-5: Phytochemistry V – Richard Mandelbaum

Friday, April 19

10:30-2:45: Lyme Disease – Richard Mandelbaum

3-6:30: Allergies Part II – Richard Mandelbaum

Saturday, April 20

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Case Review & Practicum – Richard Mandelbaum

Sunday, April 21 \*split up into three groups\*

9-5: Clinic Consultations & Case Review at the New Paltz Youth Center – Richard Mandelbaum

9-5: Clinic Consultations & Case Review at ArborVitae – Sam Perry

9-5: Clinic Consultations & Case Review over Zoom – Claudia Keel

Tuesday, April 30

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Advanced Protocols for the Skin – Claudia Keel

Friday, May 3

10:30-3:30: Tour of Churchtown Biodynamic Garden & Facilities in Hudson, NY – Churchtown Dairy Team & Diana Isidoro

Saturday & Sunday, May 4 and 5

Overnight Camping Weekend with Guest Teachers & Core Faculty at GatherWild Ranch in Germantown, NY

Tuesday, May 14

9-5: Wrap-Up Day – Richard Mandelbaum, Claudia Keel, Sam Perry, and Diana Isidoro

Saturday, June 8

Special Extra Class: The Gut Brain Connection – Jody Noé

**Happy Summer!**

Summer Break until mid-September to start Year 3